**Progyny Benefit Communication Resources**

**Black History Month 2026**

*With Black History Month in February, we have created these sample communications and compiled resources that you can copy and share with your employees on your internal communication channels such as company intranet, employee newsletter, etc.*

*Please find:*

* *A* ***short description*** *you can post on your intranet/for any internal communications*
* *A* ***sample email*** *you can use for internal communication*
* *A* ***one-pager of resources*** *of relevant articles, webinars, and podcasts to share with your communications*

*Please keep in mind:*

* *Save a copy and edit the highlighted text according to your benefit design.*
* *We highlighted what is customizable based on your specific benefit offering to be updated prior to sharing*
* *Please contact your Progyny representative if you need support or additional assets*

**1. Short Description**

As we honor Black History Month, we continue to uplift and support our Black employees. We recognize the unique challenges Black parents may face in their family planning and postpartum journeys, as well as by [parents, and] persons experiencing menopause. We’re proud to partner with Progyny to provide fertility and family building, pregnancy and postpartum, parent and child well-being, and menopause and midlife care benefits that provide compassionate care tailored to your unique needs and goals. Call Progyny at xxx.xxx.xxxx to speak with a Progyny Care Advocate (PCA) and learn more about the support available to you, or create an account at [member.progyny.com/login](https://member.progyny.com/login).

**2. Sample Email:**

Hello,

As we honor Black History Month in February, we continue to uplift and support our Black employees. We recognize the unique challenges Black parents may face in their family planning and postpartum journeys, as well as by [parents, and] those experiencing menopause. We’re proud to partner with Progyny, who shares our commitment to supporting the Black community, to provide fertility and family building, pregnancy and postpartum, parent and child well-being, and menopause and midlife care benefits tailored to your unique needs and goals.

Through Progyny, you can access:

* Family planning and trying to conceive coaching and resources
* Fertility treatment coverage (e.g., IUI, IVF, etc.) from a diverse network of top fertility specialists
* Pregnancy & postpartum coaching from experienced nurses and doulas
* Parent & child well-being guidance, digital tools, and benefit navigation
* Perimenopause and menopause virtual care and personalized treatment plans from in-network menopause specialists

**Take the first step and call Progyny to speak with a Progyny Care Advocate (PCA) to learn more about your benefit or to get started. Call XXX.XXX.XXXX,** available Monday through Friday, 9 AM – 9 PM ET, or create an account at [member.progyny.com/login](https://member.progyny.com/login).

**3. Available Resources**

To explore Black maternal health resources and support, download the Black Maternal Health One-pager from the [Benefit Resource Hub](https://progyny.com/client-benefit-resource-hub/menopause-midlife-care/) and link to your internal communications here.